



# Idaho Occupational Therapy Association

INVITES YOU TO JOIN OUR

## ANNUAL FALL CONFERENCE

### OCTOBER 7th & 8th, 2022

Join In-person or via Zoom  
Earn up to 10 contact hrs ! ( 1.0 CEU)

Friday: 5725 E. Franklin Rd., Nampa, ID  
Saturday: CWI: 5500 E Opportunity Dr. Nampa, ID

*Facilities are ADA accessible.  
Please contact IOTA for any special requests or requirements.*

#### Target Audience:

OT, OTAs, OT/OTA Students, PTs, SLPs, MSWs, Educators

#### Education Level:

Friday evening 6:00-8:00PM & Saturday 8:00-9:00 = Introductory  
Saturday 9:00-10:00, 10:30-12:30 & 1:30-4:45 = Beginner to Intermediate

Prerequisites: None

### Conference Schedule

**Friday EVENING October 7th, 2022 -- 6:00 pm - 9:00 pm**

**Registration 5:30-6:00 pm**

#### **FRIDAY NIGHT:**

- Annual Business Meeting 6:00-6:30 pm with Outgoing/Incoming IOTA President Address
- Assistive Technology Communication Solutions for Practitioners and Patients
  - 6:30-8:00 pm 1.5 hours
- Social Hour: 8:00-9:00 pm

**Saturday ALL DAY October 8th, 2022 – 8:00 am - 5:00 pm**

#### **SATURDAY:**

#### Student Track:

- NBCOT® National Certification Exam: Information You Need to Know – 8:00-9:00 am - 1.0 hour

**Registration 8:30-9:00 am**

### Conference Schedule: continued

#### All Practitioners:

- 9:00 am Welcome Opening
  - Keynote Presentation - 9:10-9:30 am
  - Licensure Compact 9:30-10:00 am 0.5 hour
  - Fieldwork Educator Burnout? You Aren't Alone: Current Trends in Fieldwork Education and Idaho State University's MOT Program Response 10:00-11:00 am – 1.0 hour
  - 15 minute break
  - Palliative and Hospice Care Across the Lifespan 11:15-12:15 pm – 1.0 hour

Lunch Included with Tuition Cost: 12:15-1:15 pm

#### Pediatric Track:

- The RULER Approach to Emotional Intelligence: 1:15 pm-4:30 pm – 3.0 contact hours

#### Adult Track:

- Addressing Occupational Injustice: Advocating for Meaningful Participation 1:15 pm-2:15 pm – 1.0 contact hour

**15 minute break**

- Graded Motor Imagery: Treating Pain and Neurological Conditions to Optimize Functional Outcomes 2:30 pm-4:30 pm – 2.0 contact hours

**Ending Ceremony 4:45 - 5:00 pm**

## Tuition / Cost:

Affordable high quality education!

\* All (with the exception of Friday night only) includes a 1-Year IOTA Membership with Registration.

- Friday night only: \$35
- Saturday only: \$125
- Both Friday night and all-Day Saturday: \$145
- Students (Includes Friday night and all-day Saturday): \$30
- New Graduates <1 Year (includes Friday night and all-day Saturday): \$79

## HOW TO REGISTER:

REGISTER ONLINE: <https://id-ota.org/>

You will choose your course tracks online when registering. IOTA looks forward to making connections in our Idaho OT region!!

## Conference Objectives:

1. Participants will recognize ways they can incorporate the “Adapt and Overcome” mindset into both their client's and their daily routines.
2. Participants will identify at least three new treatment strategies they can incorporate with their client populations.

## Course Information & Objectives:

### The RULER Approach to Emotional Intelligence

Kylie Langer  
Company Affiliated With: Cherry Gulch  
Course Length: 3.0 contact hours

**PRIMARY Presentation Category:** Emotional Regulation  
**SECONDARY Presentation Category:** Being your best-self.  
**Intended Audience:** Beginner.

#### **Short Abstract:**

How are you feeling? Interested? Bored? Enthusiastic? The idea that feelings matter – and matter a great deal in school – is the foundation of The RULER Approach. Emotions impact attention, learning, decision-making, relationships, bullying, and both academic and work performance. If students cannot handle the emotions they experience throughout the day, how can we expect them to be psychologically healthy, have the ability to concentrate on learning and value being kind to themselves and others? In order to create a caring, productive and engaging learning environment where students thrive and become successful citizens, it is necessary for schools to provide structured learning opportunities to develop emotional literacy.

#### **Learning Objectives:**

1. Explain emotional intelligence through learning how to effectively recognize, understand, label, express and regulate emotions
2. Identify more resiliency through learning best-self practices and perspective-taking skills
3. Recognize how to create a culture of inclusivity, emotional regulation, and pro-social interpersonal relationships in your organization

### NBCOT® National Certification Exam: Information You Need to Know

Barbara Williams, DrOT, MS, OTR or Shaun Conway, OTR (based on availability)  
National Board for Certification in Occupational Therapy, Inc. (NBCOT®)  
Course Length: 1.0 contact hour

**PRIMARY Presentation Category:** Professional Issues  
**SECONDARY Presentation Category:** General  
**Intended Audience:** Beginner / Students

#### **Short Abstract:**

Connect with NBCOT and hear about the best approaches to achieve your goal for Occupational Therapy Certification.

#### **Learning Objectives:**

1. Discuss the national certification examination application process
2. Recognize exam preparation strategies and the NBCOT Aspire® Study Tools and StudyPack™
3. Describe awareness of NBCOT and the importance of continuing competency

### NBCOT® Licensure Compact

Barbara Williams, DrOT, MS, OTR or Shaun Conway, OTR (based on availability)  
National Board for Certification in Occupational Therapy, Inc. (NBCOT®)  
Course Length: 0.5 contact hours

**PRIMARY Presentation Category:** Professional Issues  
**SECONDARY Presentation Category:** General  
**Intended Audience:** Beginner

#### **Short Abstract:**

Come learn about the proposed OT Licensure Compact and what it means for you as a practitioner.

#### **Learning Objectives:**

1. Discuss the key components of the Licensure Compact.
2. Recognize how it would impact you as an occupational therapy practitioner.

### **Graded Motor Imagery: Treating Pain and Neurological Conditions to Optimize Functional Outcomes**

Megan O. Doyle, MS, OTR/L, TPS, PSF, Cert-APHPT  
Company Affiliated With: St. Luke's Health System  
Course Length: 2.0 contact hours

**PRIMARY Presentation Category:** Adult Populations  
**SECONDARY Presentation Category:** Neuro Rehabilitation  
**Intended Audience:** Intermediate

#### **Short Abstract:**

This course will cover graded motor imagery (GMI) for treating pain and neurologic conditions. The use of GMI (pain neuroscience education, laterality, visualization, sensory retraining, and mirror therapy) will be defined and practiced in hands-on lab breaks integrated throughout the course.

#### **Learning Objectives:**

1. Identify at least three components of pain neuroscience education as it relates to the background of graded motor imagery (GMI) in occupation-based practice.
2. List all five stages of GMI and recognize the rationale behind the sequencing of each stage.
3. Demonstrate through hands-on lab and group discussion/case studies the basic skills and tools involved in implementation of GMI to various pain and neurological conditions.

### **Assistive Technology Communication Solutions for Practitioners and Patients**

Krista Kramer & Nicholas Stallings

Company Affiliated With: Idaho Assistive Technology Project  
Course Length: 1.5 contact hour

**PRIMARY Presentation Category:** Assistive technology for communication access

**SECONDARY Presentation Category:** Assistive Technology in Idaho

**Intended Audience:** Beginner

#### **Short Abstract:**

For a blind child in a classroom, a person on a ventilator in a nursing home, someone with a spinal cord injury trying to access the internet, or a hard-of-hearing caregiver, appropriate communication technologies can have life changing impacts. This session will share a range of assistive technology to help an OT address communication needs.

#### **Learning Objectives**

1. Recognize and be able to refer to assistive technology resources in Idaho
2. Identify AT to support effective communication as a medical practitioner
3. Identify AT alternatives to assist patients to meet their communication goals

### **Palliative and Hospice Care Across the Lifespan**

Daniel Aldama, MOTR/L, CAPS, AE - Hospice  
Company Affiliated With: Idaho Home Health & Hospice  
Course Length: 1.0 contact hour

**PRIMARY Presentation Category:** General OT  
**SECONDARY Presentation Category:** Education and Training  
**Intended Audience:** Intermediate

#### **Short Abstract:**

The intent of this course is to encourage occupational therapists to proactively address the growing need for palliative and hospice care

to individuals across the lifespan and equip them with essential knowledge and resources to enable them to provide end of life services.

#### **Learning Objectives**

1. Implement occupational identity across the lifespan and use it as a foundational component when providing occupational therapy services during an individual's terminal stages of life.
2. Use Quality of Life (QOL) as an individual-specific standard to enrich end-of life experiences for both individual and family members.
3. Differentiate between palliative and hospice care and demonstrate how occupational therapy can significantly contribute to these lines of healthcare services.

### **Fieldwork Educator Burnout? You Aren't Alone: Current Trends in Fieldwork Education and Idaho State University's MOT Program Response**

Catherine Canavan  
Company Affiliated With: Idaho State University  
Course Length: 1.0 contact hour

**PRIMARY Presentation Category:** Fieldwork Education  
**SECONDARY Presentation Category:** Advocacy/Academics  
**Intended Audience:** Beginner

#### **Short Abstract:**

This presentation will provide OT practitioners and students information regarding the current trends of fieldwork education and how the MOT program at Idaho State University is aligning with the trends to meet the needs of students and educators.

#### **Learning Objectives:**

1. Upon completion of this presentation, participants will be able to identify common trends in Level I and Level II

fieldwork education.

2. Upon completion of this presentation, participants will be able to identify common motivators/facilitators and barriers/inhibitors for common trends in Level I and Level II fieldwork education.

3. Upon completion of this presentation, participants will be able to identify strategies the ISU MOT program is taking to align with these common trends.

### **Addressing Occupational Injustice: Advocating for Meaningful Participation**

Amanda Henscheid, OTD, OTR/L, **Co-Authors:** Elizabeth Cardell, PhD, OTR/L; Ciara Cox, PhD, OTR/L; and Alexandra L. Terrill, PhD  
Company Affiliated With: Idaho State University  
Course Length: 1.0 contact hour

**PRIMARY Presentation Category:** Advocacy

**SECONDARY Presentation Category:** Occupational Justice

**Intended Audience:** Beginner

#### **Short Abstract:**

Occupational therapy practitioners (OTPs) recognize the importance of occupations to well-being but when OTPs encounter occupational injustices in their practice, they may feel that they lack the tools to effectively address these injustices. This presentation will give OTPs tools to advocate for meaningful participation in occupations.

#### **Learning Objectives**

1. After participating in this conference session, participants will be able to describe occupational injustices that may be encountered in their clinical practice.

2. After participating in this conference session, participants will be able to explain actions occupational therapy practitioners may take to address occupational injustices at the individual, workplace, community, state, and national levels.

#### **Course Completion Requirements:**

*To receive CEUs, participants are required to attend the entirety*

*of the conference, and must meet course objectives, participate in lectures, labs, and discussions. In-person attendees will be asked to take a written quiz for each presentation. Hybrid attendees will be asked to take an online quiz and survey for each presentation.*

#### **AOTA Classification Codes:**

*The focus of each presentation will be evidence-based service delivery. These courses fall within Categories 2 (Occupational Therapy Process) and Categories 3 (Professional Issues) of the AOTA Classification Codes.*

#### **Instructional Methods:** Live and Hybrid versions available

*The Interactive / Participative instructional method will be employed by all presenters.*

#### **Cancellation Policy:**

*Refunds must be requested in writing. Full refunds will be granted to requests made at least two weeks prior to the course. There will be a \$20 administrative fee for any cancellation received after that time. There will be no refund on requests received within forty-eight hours of the course. Should this event be canceled by IOTA, full refunds will be given within 30 days.*

PLEASE CONTACT IOTA FOR REFUND OR  
CANCELLATION REQUESTS.



The assignment of AOTA CEUs does not imply endorsement of course content, products, or clinical procedures by AOTA.