IDAHO OCCUPATIONAL THERAPY ASSOCIATION

2017 Annual Fall Conference

Day One, September 29  10 Barrel Brewing
6:00 pm – 9:00 pm  Opening reception at 10 Barrel Brewing Co., 5, 826 W Bannock St Boise, ID

Day Two, September 30  St. Luke’s Rehab Hospital 600 Robbins Rd. Boise, Idaho

7:00 – 7:30  Vendor Setup
7:30 – 8:00  Registration
8:00 – 8:15  Welcome
8:15 – 9:15  Keynote Speaker – Amy Lamb, President AOTA
9:55 – 10:05  Break
10:05 – 11:15  Mel Henderson and Erika Neff – OT-OTA Collaboration
11:05 – 11:15  Break
11:15 – 12:15  Joanne Trammel – Returning To Our Roots
12:15 – 1:15  Lunch on your own

Break into Tracks

Pediatric
1:15 – 2:45  Susan Devine – Vision
2:45 – 2:55  Break
2:55 – 4:25  Bryan Gee – Soap Boxes of Pediatric Practice

Adult
1:15 – 2:15  Connie Schroeder – Incontinence issues
2:15 – 2:15  Break
2:15 – 3:15  Sarah DeBoard – Aging in the Context TBI,CVA, and Dementia
3:15 – 3:25  Break
4:25 – 5:00  Evaluation and Wrap up

REGISTER ONLINE TODAY AT WWW.ID-OTA.ORG
PRICING

$99 IOTA Members
$119 Non-member, includes the conference fee and 1-year IOTA membership
$129 Non-member conference, tuition only
$50 Students
$50 New Grads (less than 1 year since graduating), includes the conference fee and 1-year IOTA membership

*A note about the conference: in an attempt to eliminate as much waste and expense as possible, IOTA has decided to hold a paperless conference. Therefore, agenda, flyer, and presentations will be posted to the website but not printed on day of conference.

Keynote Speaker

Designing The Future of Occupational Therapy: Everyday Opportunities to Maximize Health, Well-Being & Quality of Life

Amy Lamb, OTD, OTR/L, FAOTA
American Occupational Therapy Association—President

Course Summary: The context surrounding health care and education is rapidly changing. We have the power to serve as change agents, demonstrating our value during everyday opportunities as we design the future of Occupational Therapy.

- Participants will explore opportunities for innovation in occupational therapy practice.
- Participants will understand impact of policy within occupational therapy practice, education and research.
- Participants will identify strategies to be an agent of change in practice

About the Speaker: Dr. Lamb is President of the American Occupational Therapy Association. She has previously served the American Occupational Therapy Association on its Board of Directors as its President-Elect from 2015-2016 and Vice President from 2012-2015. Dr. Lamb is an Associate Professor of Occupational Therapy at Eastern Michigan University, and owner of AJLamb Consulting. She is a past chair of the American
Occupational Therapy Political Action Committee (AOTPAC) from 2006-2012. She brings with her the valuable combination of clinical practice as a licensed occupational therapist combined together with health care policy experience at the state and federal levels. Dr. Lamb’s expertise includes health policy, prevention and wellness, and occupational therapy as a career.

Dr. Lamb received both her Bachelors of Science in Occupational Therapy and her post-professional Doctor of Occupational Therapy from Creighton University in Omaha, Nebraska. Her policy experience began in the Minnesota House of Representatives working with the Health Policy committee. From there she went on to be employed by the Nebraska Occupational Therapy Association as their registered lobbyist from 2000-2008.

Dr. Lamb’s clinical expertise spans from private practice, school based pediatrics, acute care, and older adults. Prior to her current position she was an Outpatient Director with Brookdale Senior Living managing the outpatient therapy clinics, home health rehabilitation services and hospice services in assisted living and independent living communities in the Denver, Colorado area.

In 2012, Dr. Lamb was selected to join the American Occupational Therapy Association Roster of Fellows. In 2011, she received the AOTA Lindy Boggs advocacy award for her leadership in advocacy and political action in the profession of occupational therapy. Dr. Lamb was the 2014 recipient of the Eastern Michigan University College of Health and Human Services Everett L. Marshall Fellow Award for Excellence in Service.

In her volunteer leadership positions, Dr. Lamb is part of the team that helps occupational therapy professionals understand AOTA’s policy and quality agenda’s. She is integral in articulating the distinct value of occupational therapy in traditional and emerging areas of practice including primary health care and wellness initiatives. She speaks regularly to groups on health policy issues impacting practice emphasizing quality services for beneficiaries and provides participants with practical ways to get involved in the process and make their voices heard. Dr. Lamb works to help practitioners, students, educators and researchers identify their role as influencer’s of change in their daily work as we demonstrate the value of occupational therapy to enhancing the efficiency of systems we work within, enhancing the quality of care client’s receive, and being a cost effective solution to meet the dynamic needs of the people, populations and communities we serve.

Dr. Lamb currently resides outside of Dexter, Michigan with her husband Nathan and their two children Gabby (15) and Josh (13).

**OTR-OTA Collaboration**

Course Summary: With the ever-evolving nature and increasing complexity of the healthcare environment as well as the demands placed upon occupational therapy professionals, it is more important than ever that occupational therapists and occupational therapy assistants understand the vital importance of OTAs and their scope of practice. This course will explore the collaborative relationship of OTs and OTAs and discuss ways to maximize the effectiveness and service delivery of the OT-OTA team.

- Participants will demonstrate understanding of the scope of practice of an occupational therapy assistant.
- Participants will demonstrate understanding of the supervisory rules within the state of Idaho.
- Participants will demonstrate understanding of the requirements for documenting supervision activities in the state of Idaho.
- Participants will demonstrate understanding of how to effectively bridge the gap that sometimes exists between OTs and OTAs, and how to collaboratively optimize the skills of each clinician.

**Mel Henderson, MS, OTR/L, MBA**
Mel has been a registered occupational therapist for 22 years and has worked in a variety of inpatient, outpatient, and educational settings. Mel holds both undergraduate and graduate degrees in occupational therapy, as well as a masters degree in business administration with a focus in management. Mel currently serves as the president-elect for the Idaho Occupational Therapy Association, and is the founder and executive director of The Pebble Project, an organization that seeks to provide school and sports equipment to very poor and underserved children in Third World countries.

Erika Neff, COTA/L
Erika has been a certified occupational therapy assistant for 20 years and has worked in a variety of pediatric and geriatric settings. Over the years, Erika has gained invaluable clinical, leadership, and teaching experience and it was a combination of all these that recently led her back to school to earn a degree in healthcare business management. Erika also volunteers her time on two non-profit boards. For the past 1.5 years, she has served as secretary for the Idaho Occupational Therapy Association. Additionally, she is the treasurer for The Pebble Project, an organization that seeks to provide school and sports equipment to very poor and underserved children in Third World countries.

The Profession of Occupational Therapy: Where Is The Professionalism?
Course Summary: In this course, we will explore the profession of occupational therapy, where it has been and where it is going. We will also look at professionalism within occupational therapy. Do we have it? What does it look like? What are our goals and how are we developing our up-and-coming therapists within the state of Idaho?

- Learners will be able to state where the profession of Occupational Therapy has been historically and professionally.
- Learners will be able to identify where the profession of Occupational Therapy is going as a profession and professionally.
- Learners will be able to identify 3 ways to improve the education and development of new OT practitioners in our state.
- Learners will be able to identify goals for themselves of where they want to be as a practitioner in 5 years.
- Learners will be able to identify 3 goals to boost their professionalism.

Joanne Trammel, MS, OTR/L
Ms. Trammel currently serves as the program director of the OTA program at Idaho State University. She began her position there in February of 2016. The program is in candidacy status and has an initial cohort of 14 students. Ms. Trammel’s professional experience as an occupational therapist spans 25 years with the body of her clinical experience with adults and geriatrics populations. Her most recent clinical experience is with the geri psych population where she developed a great appreciation for dementia. She enjoys educating caregivers in understanding dementia behaviors to improve quality of life for the person with dementia as well as the people caring for them.

Pediatric Track

Soap Boxes of a Pediatric Occupational Therapist
Course Summary: The purpose of this presentation is provide observations and resources for pediatric occupational therapists to increase the value of occupational therapy, implement evidenced based practice, support the scholarship of practice to ultimately embrace AOTA’s Vision 2025. Specifically, five soapboxes will be discussed; a) support and advocacy for occupational therapy, b) evidenced based practice for occupational therapy, c) thinking like an occupational therapist, d) empirical research one client at a time, and e) the 2018 occupational therapist. The presentation will include discussions of opportunities unique to Idaho.

- Participants will demonstrate understanding of alternative approaches to evidence-based practice.
- Participants will demonstrate understanding of the implementation of various OT resources related to evidenced-based practice.
- Participants will demonstrate understanding of the identification of the principles of dosage as it related to occupational therapy practice.
- Participants will demonstrate understanding of the differentiation between various terminology and classification of sensory interventions.

Bryan Gee, PhD, OTR/L, BCP
Dr. Gee holds degrees from Idaho State University (PhD & MEd), University of St. Augustine (OTD) and D’Youville College (BS/MS). Dr. Gee currently is AOTA board certified in Pediatrics, is certified in the Sensory Integration Praxis Test, Level I, II, and III, Certified by the Sensory Processing Disorder Foundation, and is an ULEND alumni. He is the Director of the Master of Occupational Therapy Program and Associate Professor at Idaho State University in Pocatello, Idaho. Dr. Gee has published over 18 peer-reviewed research articles related to sensory-based interventions, dosage and therapy related practice patterns, and parent education/training related to sensory processing and pedagogy in higher education. Dr. Gee has held various volunteer positions with the AOTA and NBCOT, and currently is the represents Idaho within AOTA’s Representative Assembly.

Binocular Vision Dysfunction

Course Summary: Vision is a complex process that, when deficient, can impact both the progress and outcomes of therapy. Join Susan Devine, OT/L, OVT and Ryan Johnson, OD, FAAO, to learn how binocular vision dysfunction compromises visual perceptual and visual-motor skills. This course will discuss the functional aspects of vision that occupational therapists encounter on a daily basis. During breakout sessions you will get hands-on experience with activities that demonstrate how vision impacts your patients and their progress in therapy.

- Understand the hierarchy of visual skills and how they relate to your therapy
- Learn how to evaluate your testing results in the context of binocular vision dysfunction
- Gain first-hand experience with binocular vision dysfunction during break-out sessions
- Understand how binocular vision dysfunction impacts visual-motor and visual perceptual skills

Susan DeVine, OT/L, OVT
Ms. Devine is a licensed occupational therapist with specialized training in vision therapy. She is a member of the Neuro Optometric Rehabilitation Association (NORA) and IOTA. She graduated from Ohio State University in 1979 and has worked in both psychiatric and school settings as an occupational therapist. She spent 16 years in the Kuna School District before leaving to pursue training in vision therapy. She has practiced vision therapy for 7 years and is the director of Services for Advanced Vision Therapy Center.
Dr. Johnson graduated from Southern California College of Optometry before pursuing a residency in binocular vision, neuro optometry and vision therapy at the University of California, Berkeley. Dr. Johnson is a Fellow of the American Academy of Optometry and a member of the American Optometric Association’s Vision Rehabilitation Section.

With his additional training, Dr. Johnson manages a variety of patients with binocular vision dysfunction and visual complications related to acquired brain injury, traumatic brain injury, post-stroke, concussions, and neurodegenerative conditions. As clinical director of Advanced Vision Therapy Center, he oversees in-office vision therapy, neuro optometric vision rehabilitation and sports vision training programs.

Adult Track

**Be in Control: Methods for Solving Incontinence**

Course Summary: This course will present and discuss how incontinence impacts ADL and everyday function. The presentation will discuss normal bladder function and will indentify the different types of incontinence. The presenter will help participants to understand the importance of physiological bladder quieting. Finally, participants will be able to establish exercise programs as well as lifestyle changes to enhance continence.

- Participants will demonstrate understand of how incontinence impacts ADL
- Participants will describe normal bladder function
- Participants will identify types of incontinence
- Participants will demonstrate understanding of the importance of physiological quieting
- Participants will demonstrate understanding of establishing an exercise program and lifestyle changes to enhance continence

Connie Schroeder, OTR/L

Ms. Schroeder graduated from the University of Wisconsin with a degree in occupational therapy and has been a practicing therapist for over 40 years. Most of her career has focused on stroke rehab. For the last 15 years, she has been employed by the VA Hospital in Boise where she primarily treats outpatients with hand, shoulder, and incontinence issues.

**Aging in the Context of TBI, CVA, and Dementia**

Course Summary: This course will present ways in which brain injury such as TBI and cerebrovascular disease place individuals at higher risk for neurodegenerative decline. Causes of dementia will be reviewed with emphasis on helping course participants understand how to recognize the earliest signs of degenerative disease as compared with the cognitive changes that occur with healthy aging. The role of neuropsychology and clinical psychology will be discussed in the context of interdisciplinary approaches to treating individuals with these conditions.

- Participants will demonstrate knowledge of common concerns related to aging with TBI, CVA and Dementia.
- Participants will demonstrate knowledge of the changing needs of the patient/caregivers as they age with TBI, CVA &/or Dementia
- Participants will demonstrate knowledge regarding the importance of interdisciplinary approach to managing and treating patients with TBI, CVA or Dementia across the lifespan.
- Participants will identify when to recommend additional services to maximize successful aging with TBI, CVA &/or Dementia.
- Participants will be able to articulate the role of neuropsychology and clinical psychology in the treatment of aging individuals with TBI, CVA or neurodegenerative disease.

**Sarah DeBoard, PhD**
Dr. DeBoard trained as a clinical neuropsychologist at the Fuller Graduate School of Psychology in Pasadena, California. She completed pre-doctoral training at top institutions such as UCLA’s Semel Neuropsychiatric Institute and Casa Colina Centers for Rehabilitation. She went on to complete a clinical internship at the Charleston Consortium Internship at the Medical University of South Carolina/Ralph A. Johnson Veteran’s Hospital in Charleston, South Carolina, and a post-doctoral residency and research fellowship at UCLA’s Semel Institute. She has conducted research on both ends of the age spectrum, neurodevelopmental disorders including agenesis of the corpus callosum and dyslexia as well as conditions associated with aging (Alzheimer’s Disease, Parkinson’s Disease Dementia, and healthy aging). She recently served as Assistant Professor of Psychology at Fuller’s Graduate School training Ph.D. students for clinical and research positions in neuropsychology. She also had a private practice in which she specialized in the neuropsychological assessment of individuals with a wide range of neurodevelopmental, neurologic, and neuropsychiatric illnesses including TBI, Stroke, MS, and degenerative conditions.

**Functional Cognition: Addressing Neurocognitive Deficits after TBI & CVA**

Course Summary: This course will discuss the current emphasis on *Functional Cognition* with reference to ongoing efforts by AOTA to increase awareness and promote OT’s distinct role and value in practice and policy as discussed during the 2017 AOTA Annual Conference. Assessments and treatments for addressing deficits in functional cognition related to TBI & CVA will be discussed with emphasis on use of performance-based test (PBT) as well as functional cognition treatment principles.

- Participants will demonstrate knowledge of the definition of functional cognition.
- Participants will demonstrate knowledge of the distinct role and value OT has in treating functional cognition.
- Participants will demonstrate knowledge of of the IMPACT act and it’s importance to OT.
- Participants will demonstrate knowledge of types of functional cognition assessments
- Participants will demonstrate knowledge of the important components of providing functional cognitive treatment.

**Kim Hendrickson, OTR/L, DRS, CEAS**
Ms. Hendrickson earned her BS in occupational therapy from the University of North Dakota—Casper College in 2000. She has practiced occupational therapy for 17 years and has spent the last 15 years working in adult outpatient neuro rehab. Ms. Hendrickson recently joined the outpatient neuro rehab team at St. Luke’s Rehabilitation Hospital in Boise and is part of an interdisciplinary, CARF-accredited team treating patients with neurological injuries. She specializes in treating patients recovering from traumatic brain injury, stroke, or other neurological diagnoses. Her passion for facilitating the highest levels of functional independence for patients and support for their families and caregivers provides ongoing opportunities for professional growth and application of evidence-based practice in functional cognition, driving evaluations, return-to-work planning and facilitation and neuro re-education of UE deficits.